



FOR IMMEDIATE RELEASE

## **Headwaters Stroke Support Group**

**PARK RAPIDS, MN** – CHI St. Joseph's Health sponsors a monthly Stroke Support Group on Thursday, April 19, from 1:30 to 3:00 pm at CHI St. Joseph's Health HR Conference Room.

The Headwaters Stroke Support Group is for stroke survivors, family members, friends, and caregivers. The group gives people a change to share their stories and offer each other support and ideas for coping. The support group meets the third Thursday of every month.

For more information, please call 218.732.4552 or visit [www.CHISJH.org](http://www.CHISJH.org).

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